

**California Teen Eating, Exercise and Nutrition  
Survey  
(Cal-TEENS)**

**2014 Questionnaire  
October 22, 2013**

## 2014 California Teens Exercise, Eating, Nutrition (CalTEENS) Instrument- ENGLISH

INTROQ1

**Hello. My name is \_\_\_\_\_ (interviewer name) and I am calling from the California Department of Public Health located in Sacramento.**

SPEAK18 0.03

**Am I speaking with a member of the household who is at least 18 years old?**

- 1.No -----> (CONTINUE)
- 2.Yes -----> (GO TO RUADULT)

SPKMFHHH 0.04

**May I speak with a member of the household who is at least 18 years old?**

- 1.No/Not available -----> I'll try back again later. Thank you.
- 2.Yes -----> (GO TO SAFETALK)

SAFETALK 0.05

**Hello. My name is \_\_\_\_\_ (interviewer name) and I am calling from the California Department of Public Health in Sacramento to ask about some important issues. We're doing a study of Californians ages 12-17 about their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen from a large list of telephone numbers to be included. That list of telephone numbers includes households in California receiving CalFresh. Whether you choose to participate or not will have no effect on your family's receipt of public benefits like Food Stamps but the results will help improve these and other public programs. If you choose to participate, your teen will get a \$10 gift card for their time.**

**Are you in a safe place to talk on the phone and answer my questions?**

- 1.No -----> I'll try back again later. Thank you.
- 2.Yes -----> (GO TO RUADULT)

RUADULT

**Are you a member of this household and at least 18 years old? (IF NEEDED, state: Household members are people who think of the households as the main place that they live.)**

INTROQ2 0.07

**First, I need to determine if your household is eligible to participate in this telephone survey. Are there any persons living in this household who are 12 to 17 years old? (IF NEEDED, state: Household members are people who think of the households the main place that they live.)**

HSETEEN 0.08

**How many people in your household are from 12 to 17 years old? [If answer is '0', press F6.] (IF NEEDED, state: Household members are people who think of the households the main place that they live.)**

- \_\_\_ Enter Number of teens
- 77. Don't Know/Not Sure
- 99. Refused

**IF HSETEEN = 0, 77 or 99, "Thank you for your time. There is no one in your household who is the right age to participate, else continue.**

TEENAGE 0.15

**How old are the teens?**

- \_\_\_ Enter Number (can enter up to 9)
- 77. Don't Know/Not Sure
- 99. Refused

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RU\_PRNT 0.30

**In your household, I need to interview the {str(sample->age)}year-old. Are you a parent or legal guardian of the (SELECTED) year-old?**

1. No -----> (GO TO IS\_PRNT)
2. Yes -----> (CONTINUE)

IS\_PRNT 0.32

**[IF NOT PARENT OR GUARDIAN: May I speak with a parent or guardian of the (SELECTED)? Hello.**

**I'm \_\_\_\_\_ (interviewer name) calling for the California Department of Public Health in Sacramento.**

**We're doing a study of Californians ages 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household has been randomly chosen from a large list of telephone numbers to be included. That list of telephone numbers includes households in California receiving Food Stamps. Whether you choose to participate or not will have no effect on your family's receipt of Food Stamps or other public benefits but the results will help improve these and other public programs. If you choose to participate, your teen will get a \$10 gift card for their time.**

RU\_PRNT 0.30

**We would like to interview the ( ) year-old.**

IS\_PRNT2 0.35

**The telephone survey will take about 30-35 minutes. Your teenager does not have to answer any question he or she prefers not to answer and may stop the survey at any time. An interviewer will ask your teenager questions about eating, exercise and related health behaviors. Although this study is considered low risk, some teenagers may feel sensitive about a few of the questions, such as those about weight, smoking, or food being available at home.**

IS\_PRNT3 0.36

**All answers to this survey will be kept confidential and will be used only for the purposes of this research. While participation is voluntary, your cooperation is very important. If you have any questions about the survey, I can provide you with a toll free number for you to call the person directing the study (give their name and title)**

PERMIT 0.37

**May I have your permission for the 0.0 year-old to participate in the survey?**

- 1.No -----> Thank you for taking the time to talk with me. Goodbye.
- 2.Yes -----> (CONTINUE)

IS\_PRNT4 0.38

**Before we get started with the (SELECTED) year-old, I would like ask you a few questions about your household. Would you be willing to participate by answering the next few questions? [IF THEY ASK WHAT THE QUESTIONS ARE ABOUT, SAY: The 5 questions ask number of people who live in your household and their ages, and about a general estimate of your household income. THEN IF NEEDED SAY: We ask about household income because studies have shown that a household's income has been shown to affect health outcomes.]**

- 1.No -----> Thank you for taking the time to talk with me. Goodbye.
- 2.Yes -----> (CONTINUE)

HOUSE 0.39

**How many adults age 18 or over live in your household?**

- Enter Number of adults
77. Don't Know/Not Sure
99. Refused

HSECHILD 0.40

## 2014 California Teens Exercise, Eating, Nutrition (CalTEENS) Instrument- ENGLISH

**How many people in your household are younger than age 12? [If answer is '0', press F6.] (IF STILL NEEDED AT THIS POINT, SAY: Household members are people who think of the household as the main place that they live.)**

- \_\_\_\_\_ Enter Number of children  
77. Don't Know/Not Sure  
99. Refused

HHSIZE (CA)\*\*\* Calculated variable do not ask \*\*\* (not formatted)

**Household size. (HOUSE + HSECHILD + HSETEEN)**

YEARINCO 0.42

**Because studies have shown that a household's income can affect health outcomes, could you please tell me your best estimate of your household's total annual income from all sources, before taxes are taken out of it? Your answers are confidential and we will never share this information. Your best guess is fine.**

\_\_\_\_\_ Enter amount

- 77. Don't know / Not sure (Go to INCOM02)  
99. Refused (Go to INCOM02)

YRINCVAR 0.43

**So your annual household income is \$\_\_\_\_\_. Is that correct?**

1. Yes (Go to INTROQ3)  
2. No (Re-ask YEARINCO)  
-----  
77. Don't know / Not sure  
99. Refused

INCOM02 0.50

**Which of the following categories best describes your annual household income from all sources? Less than \$10,000; \$10,000 to less than \$15,000; \$15,000 to less than \$20,000; \$20,000 to less than \$25,000; \$25,000 to less than \$35,000; \$35,000 to less than \$50,000; \$50,000 to less than \$75,000; \$75,000 to less than \$100,000 or \$100,000 or more?**

1. Less than \$10,000  
2. \$10,000 to less than \$15,000  
3. \$15,000 to less than \$20,000  
4. \$20,000 to less than \$25,000  
5. \$25,000 to less than \$35,000  
6. \$35,000 to less than \$50,000  
7. \$50,000 to less than \$75,000  
8. \$75,000 to less than \$100,000  
9. \$100,000 or more  
-----  
77. Don't know / Not sure  
99. Refused

Find the point on the table where HHSIZE and INCOM02 intersect.

If there is a table value and the table value is LT the "less than" value of the response to INCOM02, go to THRESH03.

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THRESH03 0.58

**Is your annual household income above \_\_\_\_\_ (table look up for income and household size)? (IF NEEDED, SAY: This is an income threshold used for statistical purposes.)**

1. Yes
2. No
- 
7. Don't know / Not sure
9. Refused

INCOM02	=	1 <10K	2 10-15K	3 15-20K	4 20-25K	5 25-35K	6 35-50K	7 50-75K	8 75-100K	9 100K+
HHSIZE=	1		\$11,170/ \$14,521		\$20,665/ \$22,340	\$27,925				
(Household Size)	2			\$15,140/ \$19,669		\$27,991/ \$30,260	\$37,825			
	3			\$19,090	\$24,817		\$35,317/ \$38,180/ \$47,725			
	4				\$23,050	\$29,965	\$42,643/ \$46,100	\$57,625		
	5					\$27,010	\$35,113/ \$49,969	\$54,020/ \$67,525		
	6					\$30,970	\$40,261	\$57,295/ \$61,940	\$77,425	
	7					\$34,930	\$45,409	\$64,621	\$69,860/ \$87,325	
	8						\$38,890	\$50,557/ \$71,947	\$77,780/ \$97,225	
	9						\$42,850	\$55,705	\$79,273/ \$85,700	\$107,125
	10						\$46,810	\$60,853	\$86,599/ \$93,620	\$117,025
	11						\$50,770	\$66,001	\$93,925	\$101,540/ \$126,925
	12							\$54,730/ \$71,149		\$101,251/ \$109,460/ \$136,825
	13							\$58,690	\$76,297	\$108,577/ \$117,380/ \$146,725

(100%, 130%, 185%, 200%, and 250% of Federal Poverty Line; From: Federal Register, January 26, 2012.)

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INTROQ3 0.63

**These are all my questions for you. May the {str(sample->age)}year old now start this survey?**

1. No -----> Thank you for taking the time to talk with me. Goodbye.
2. Yes -----> (CONTINUE)

RU\_YTH 0.64

**Am I speaking with the (SELECTED) year-old ?**

1. Yes -----> Go to STRTYTH1
2. No -----> **May I speak with the (SELECTED) year-old?**

**Are you in a safe place to talk on the phone and answer my questions?**

- 1.No -----> I'll try back again later. Thank you.
- 2.Yes ----->

STRTYTH1-3

**Hello, my name is (interviewer name) and I'm calling from the California Department of Public Health in Sacramento. We're doing a study of Californians ages 12-17 regarding their food and exercise habits to help in planning health, nutrition, and education programs for California teenagers. Your household's telephone number has been randomly chosen to be in the study. Whether you choose to participate or not is up to you. This survey will take about 30-35 minutes. I will ask you questions about eating and exercise and other health behaviors. Although this study is considered low risk, some teenagers may feel sensitive about some questions, such as about their weight, smoking, or food being available at home. You don't need to answer any question you do not want to. If you choose to participate, you will get a \$10 gift card for your time.**

**We recently spoke to your parent or guardian to let them know we would be calling to ask for your help with our study. While it is voluntary, your participation is VERY IMPORTANT to the project's success. Your answers will be kept confidential and will only be used for the purposes of this research. Your name will NEVER be associated with any information you give us. You do not have to answer any questions you do not wish to answer and may stop the survey at any time. Are you willing to participate in the survey?**

1. No -----> Thank you for taking the time to talk with me. Goodbye.
2. Yes -----> (CONTINUE)

**I would like to begin with some general questions about you.**

AGE1

1. **First, I need to double-check that your age is (age). Is that correct?**

1. Yes [Go to SEX]
2. No

- 
77. Don't know
  99. Refused

AGE2

2. **What is your age, please?**

-- Enter response

- 
77. Don't Know [TERMINATE INTERVIEW]
  99. Refused [TERMINATE INTERVIEW]

**If AGE < 12 or AGE > 18, terminate interview**  
**If AGE = 18 go to YEAR17**  
**If 12 <= AGE <= 17 go to SEX**

YEAR17

3. **Were you 17 years old on [date screening interview took place]?**

- |       |                     |                       |
|-------|---------------------|-----------------------|
| 1.    | Yes                 |                       |
| 2.    | No                  | [TERMINATE INTERVIEW] |
| ----- |                     |                       |
| 77.   | Don't know/Not sure | [TERMINATE INTERVIEW] |
| 99.   | Refused             | [TERMINATE INTERVIEW] |

SEX

4. **And I also need to double-check that you are (male/female)?**

- |    |        |
|----|--------|
| 1. | Male   |
| 2. | Female |

HIGRADE

5. **Now I'm going to ask you some questions about school.**

**What is the highest grade or year of school or college that you have *completed*?**

*(INTERVIEWER NOTE: This means grades completed, not the grade in which the respondent is currently enrolled.)*

- |       |                      |
|-------|----------------------|
| --    | Enter response       |
| 12.   | High school graduate |
| 00.   | No formal schooling  |
| ----- |                      |
| 77.   | Don't know           |
| 99.   | Refused              |

**If HIGRADE ge 12 go to SCHLTYP1**  
**If HIGRADE eq 00, go to BRKFST2**

GOSCHL3 (NEW)

6. **Which one of the following applies to you? (*Select the best answer*)**

- |       |  |                 |
|-------|--|-----------------|
| 1.    | Currently enrolled in and going to school daily                      |                 |
| 2.    | On school vacation/break (returning to same school after break)      |                 |
| 3.    | On school vacation/break (returning to different school after break) |                 |
| 4.    | Currently being home-schooled  | (Go to BRKFST2) |
| 5.    | Not enrolled in school   | (Go to BRKFST2) |
| 6.    | Other (specify____)  |                 |
| ----- |  |                 |
| 77.   | Don't know/Not sure  | (Go to BRKFST2) |
| 99.   | Refused  | (Go to BRKFST2) |

SCHLTYP1

7. [If GOSCHL3 eq 1,2 ask:] **Do you now go to public or private school?**

[If GOSCHL3 eq 3:] **Was the last school you went to a public or private school?**

[If HIGRADE eq 12:] **Was the last school you went to a public or private high school?**

(INTERVIEWER NOTE: If respondent indicates "charter school", clarify if this is/was a public or private charter school. This is usually going to mean a public school.)

1. Private

2. Public

-----

77. Don't know/Not sure

99. Refused

**If GOSCHL3 eq 2,3 then go to BRKSCHL**

**If HIGRADE ge 12 then go to BRKFST2.**

**Otherwise, continue.**

SCHYDAY

8. **Were you in school yesterday?**

1. Yes

2. No

-----

77. Don't know/Not sure

99. Refused

BRKSCHL

9. **A complete school breakfast is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school breakfast?**

\_\_\_\_\_ enter number, less than 1, or none

55. Less than 1

88. None

-----

77. Don't know/Not sure

99. Refused

LCHSCHL

10. **A complete school lunch is a meal that costs the same price every day. During the school year, approximately how many times a week do you usually get a complete school lunch?**

\_\_\_\_\_ enter number, less than 1, or none

55. Less than 1

88. None

(Go to LCHFREQ)



-----  
77. Don't know/Not sure  
99. Refused

(Go to BRKFST2)  
(Go to BRKFST2)

LCHHOME (NEW)

11. **How many days do you usually bring your lunch to school from home in an average school week?**

\_\_\_\_\_ enter number  
55. Less than 1  
88. None

-----  
77. Don't know/Not sure  
99. Refused

FOODLIKE

12. **In general, would you say you like the school lunches served at your school usually, sometimes, seldom, or never?**

1. Usually  
2. Sometimes  
3. Seldom  
4. Never

-----  
77. Don't know/Not sure  
99. Refused

**if LCHSCHL < 5 ask LCHFREQ;  
Else go to BRKFST2**

LCHFREQ (MODIFIED)

13. **Why don't you get a complete school lunch more often than you do?**

*[Interviewer: Prompt only if they do not answer quickly]*

1. Line too long
2. Not enough time
3. Don't like food choices; like other (school-offered) food choices better
4. I don't eat lunch; doing another activity at lunchtime
5. I bring a lunch from home
6. Only poor kids get school lunch (stigma)
7. Too expensive; I don't have money to buy lunch
8. I have a food allergy/allergies
9. I like off-campus food better
10. Friends prefer to eat somewhere else
11. I get picked on in the cafeteria
12. Other \_\_\_\_\_

-----  
77. Don't know/not sure  
99. Refused

LCHMORE

14. **What would encourage you to eat a complete school lunch more often?**

*[Interviewer: Prompt only if they do not answer quickly]*

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1. Healthier options offered (more fruit/vegetables, salad bar, etc.)
2. More vegetarian options
3. Better tasting options
4. Less expensive
5. Shorter lines
6. I had more time
7. I didn't have another activity to do at lunch
8. There was more food in the meal
9. There was less food in the meal
10. I received lunch money from parents/guardian
11. Other \_\_\_\_\_

- 
77. Don't know/not sure
99. Refused

LCHLGTH (NEW)

15. **How many minutes is the lunch period at your school?**

- \_\_\_\_\_ enter number
88. None
- 
77. Don't know
99. Refused

LCHTIME (MODIFIED)

16. **How many minutes do you have to eat your lunch at school? Do not include time spent in line buying food, finding a place to sit, or cleaning up after your meal.**

- \_\_\_\_\_ enter number
89. None
- 
78. Don't know
100. Refused

**Now I am going to ask you some questions about the foods you ate and drank yesterday, that was (*INSERT DAY*).**

BRKFST2

17. **Yesterday, did you eat or drink anything for breakfast?**

1. Yes
  2. No (Go to SNKAM)
- 
77. Don't know/Not sure (Go to SNKAM)
99. Refused (Go to SNKAM)

BRKFOOD1

18. **Did you eat any fruits or vegetables, or drink any 100% juice for breakfast yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes
  2. No
-

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77. Don't know/Not sure  
99. Refused

**IF SCHYDAY=1 go to SCHLBRK3, else go to BRKFD2**

SCHLBRK3

19. **Did you eat a complete school breakfast yesterday? Do not include student store, vending machine, or a la carte line or snack bar.**

1. Yes  
2. No

- 77. Don't know/Not sure  
99. Refused

EATBRKFV1

20. **Did you eat the fruits, vegetables, or 100% juices served as part of your breakfast at school?**

1. Yes  
2. No

- 77. Don't know/Not sure  
99. Refused

**IF BRKFOOD1=1 or EATBRKFV1=1 continue, else go to SNKAM**

BRKFD2\_A-BRKFD2\_E

21. **Which fruits, vegetables, or 100% juice did you have for breakfast yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. DO NOT include potato chips or french fries. Include fruits and vegetables mixed with other foods, like fruit in cereal and vegetables in omelets. (List up to five types.)**

Insert brand list FOOD

- 96 Other \_\_\_\_\_(specify)

- 77. Don't Know (Go to SNKAM)  
99. Refused (Go to SNKAM)

**IF BRKFD2\_A-BRKFD2\_E="POTATO" continue, else go to BRKLETT**

BRKPOTA2

22. **Were the potatoes you ate baked, boiled, mashed, fried, hash browns, tater tots or some other kind?**

1. Baked  
2. Boiled  
3. Mashed  
4. Fried  
5. Hashbrowns  
6. Tater Tots  
7. Some other kind  
-----

77. Don't know/Not sure  
99. Refused

**If BRKFD2\_A-BRKFD2\_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO BRKLETT ELSE GO TO BRKTOM**

BRKLETT

23. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad  
2. On a sandwich or burger  
3. In a burrito or taco  
4. Part of something else  
5. Just lettuce  
-----  
77. Don't know/Not sure  
99. Refused

**If BRKFD2\_A-BRKFD2\_E="TOMATO" or "LETTUCE AND TOMATO" GO TO BRKTOM ELSE GO TO BRKMXFRT**

BRKTOM

24. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

1. On a sandwich or burger  
2. In a burrito or taco  
3. Part of something else  
4. Just tomatoes  
-----  
77. Don't know/Not sure  
99. Refused

**If ("BRKLETT"=2 or 3) or ("BRKTOM"=1 or 2) GO TO BRKSAND ELSE GO TO BRKMXFRT**

BRKSAND

25. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- \_\_\_\_\_ enter number  
88. None  
-----  
77. Don't know/Not sure  
99. Refused

**If BRKFD2\_A-BRKFD2\_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO BRKMXFRT ELSE GO TO BRKMXVEG**

BRKMXFRT

26. **What was the main fruit in your mixed fruits or mixed fruit salad?**

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Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't know/Not sure

99. Refused

**If BRKFD2\_A-BRKFD2\_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO BRKMXVEG ELSE GO TO BRKSLDTP**

BRKMXVEG

27. **What was the main vegetable in your "INSERT BRKFD2\_A-BRKFD2\_E"?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't know/Not sure

99. Refused

**If BRKFD2\_A-BRKFD2\_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (BRKFD2\_A-BRKFD2\_E= "LETTUCE" or "LETTUCE AND TOMATO" and BRKLETT=1) GO TO BRKSLDTP ELSE GO TO BRKSVG1**

BRKSLDTP

28. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to BRKSVG1-BRKSVG5)

77. Don't know/Not sure

(Go to BRKSVG1-BRKSVG5)

99. Refused

(Go to BRKSVG1-BRKSVG5)

BRKSLD1-BRKSLD2

29. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't know/Not sure

99. Refused

BRKSVG1-BRKSVG5 (repeat for each type of food listed) (VARIABLE NAME CHANGE TO REFLECT PROGRAMMING)

30. (IF BRKFD2\_A-BRKFD2\_E=" fruit" then) : **How many servings of (BRKFD2\_A-BRKFD2\_E) did you eat for breakfast? A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.**

(IF BRKFD2\_A-BRKFD2\_E=" vegetable" then) :**How many servings of (BRKFD2\_A-BRKFD2\_E) did you eat for breakfast? A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.**

(IF BRKFD2\_A-BRKFD2\_E=" juice" then) :**How many servings of (BRKFD2\_A-BRKFD2\_E) did you**

**drink for breakfast? A serving of juice is 3/4 cup or a small glass.**

- \_\_\_\_\_ enter number  
88. None  
-----  
77. Don't know/Not sure  
99. Refused

SNKAM

31. **Yesterday, did you eat or drink anything other than water between breakfast time and lunch time?**

1. Yes  
2. No (Go to LUNCH)  
-----  
77. Don't know/Not sure (Go to LUNCH)  
99. Refused (Go to LUNCH)

SNAFOOD1

32. **Did you eat any fruits or vegetables, or drink any 100% juice for your morning snack yesterday?** DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

**If SNAFOOD1=1 continue, else go to LUNCH**

SNAFD2\_A-SNAFD2\_E

33. **Which fruits, vegetables, or 100% juice did you have for a morning snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables mixed with other foods, like fruit in smoothies or vegetables in burritos. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----  
77. Don't Know [Go to LUNCH]  
99. Refused [Go to LUNCH]

**If SNAFD2\_A-SNAFD2\_E = "POTATO" continue, else go to SNALETT**

SNAPOTA2

34. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots or some other kind?**

1. Baked  
2. Boiled  
3. Mashed  
4. Fried  
5. Hashbrowns  
6. Tater tots

7. Some other kind  
-----

77. Don't Know

99. Refused

**If SNAFD2\_A-SNAFD2\_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNALETT ELSE GO TO SNATOM**

SNALETT

35. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
  - 2. On a sandwich or burger
  - 3. In a burrito or taco
  - 4. Part of something else
  - 5. Just lettuce
- 

77. Don't Know

99. Refused

**If SNAFD2\_A-SNAFD2\_E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNATOM ELSE GO TO SNAMXFRT**

SNATOM

36. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
  - 2. In a burrito or taco
  - 3. Part of something else
  - 4. Just tomatoes
- 

77. Don't Know

99. Refused

**If ("SNALETT"=2 or 3) or ("SNATOM"=1 or 2) GO TO SNASAND ELSE GO TO SNAMXTRT**

SNASAND

37. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

\_\_\_\_\_ enter number

88. None

77. Don't know

99. Refused

**If SNAFD2\_A-SNAFD2\_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNAMXFRT ELSE GO TO SNAMXVEG**

SNAMXFRT

38. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't Know

99. Refused

**If SNAFD2\_A-SNAFD2\_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNAMXVEG ELSE GO TO SNASLDTP**

SNAMXVEG

39. **What was the main vegetable in your "INSERT SNAFD2\_A-SNAFD2\_E"?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't Know

99. Refused

**If SNAFD2\_A-SNAFD2\_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNAFD2\_A-SNAFD2\_E="LETTUCE" or "LETTUCE AND TOMATO" and SNALETT=1) GO TO SNASLDTP ELSE GO TO SNASVG1**

SNASLDTP

40. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to SNASVG1-SNASVG5)

77. Don't know/Not sure

(Go to SNASVG1-SNASVG5)

99. Refused

(Go to SNASVG1-SNASVG5)

SNASLD1-SNASLD2

41. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't Know

99. Refused

SNASVG1-SNASVG5 (repeat for each type of food listed)

42. (IF SNAFD2\_A-SNAFD2\_E=" fruit" then) : **How many servings of (SNAFD2\_A-SNAFD2\_E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNAFD2\_A-SNAFD2\_E=" vegetable" then) : **How many servings of (SNAFD2\_A-SNAFD2\_E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNAFD2\_A-SNAFD2\_E=" juice" then) : **How many servings of (SNAFD2\_A-SNAFD2\_E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**



\_\_\_\_\_ enter number  
88. None

-----  
77. Don't know  
99. Refused

LUNCH

43. **Did you eat or drink anything for lunch yesterday?**

1. Yes  
2. No (Go to SNKPM)  
-----  
77. Don't know/Not sure (Go to SNKPM)  
99. Refused (Go to SNKPM)

LCHPLAC

44. **Where did you obtain that lunch from? (Check all that apply)**

1. Vending machine  
2. Student store  
3. School snack bar or A la carte line  
4. School cafeteria  
5. Fund-raising sale  
6. Home  
7. A friend  
8. Fast food place  
9. Convenience store  
10. Club  
11. Community center  
12. Food cart at school  
13. \_\_\_\_\_ Other (specify)  
-----  
77. Don't know/Not sure  
99. Refused

LCHFOOD1

45. **Did you eat any fruits or vegetables, or drink any 100% juice for lunch yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

<b>If LCHPLAC = 3, 4, or 12 continue; else go to LCHFD2</b>
---

SCHLLCH3

46. **Did you eat a complete school lunch yesterday? Do not include student store, vending machine, or a la carte line or snack bar.**

1. Yes

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2. No  
-----  
77. Don't know/Not sure  
99. Refused

**IF LCHFOOD1=1 continue, else go to LCHFD2 (Q61)**

EATCHFV3

47. **Did you eat the fruits, vegetables, or 100% juice served as part of your lunch at school?**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

**IF LCHFOOD1=1 or EATCHFV2=1 continue, else go to SNKPM**

LCHFD2\_A-LCHFD2\_E

48. **Which fruits, vegetables, or 100% juice did you have for lunch yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables in mixed dishes like tacos, soup, wraps and sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----  
77. Don't Know (Go to SNKPM)  
99. Refused (Go to SNKPM)

**If LCHFD2\_A-LCHFD2\_E="POTATO" continue, else go to LCHLETT**

LCHPOTA2 (MODIFIED)

49. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked  
2. Boiled  
3. Mashed  
4. Fried  
5. Hashbrowns  
6. Tater tots  
7. Some other kind  
-----  
77. Don't Know  
99. Refused

**If LCHFD2\_A-LCHFD2\_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO LCHLETT ELSE GO TO LCHTOM**

LCHLETT

50. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of**

**something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce
- 
77. Don't Know
99. Refused

**If LCHFD2\_A-LCHFD2\_E="TOMATO" or "LETTUCE AND TOMATO" GO TO LCHTOM ELSE GO TO LCHMXFRT**

**LCHTOM**

**51. Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

1. On a sandwich or burger
2. In a burrito or taco
3. Part of something else
4. Just tomatoes
- 
77. Don't Know
99. Refused

**If ("LCHLETT"=2 or 3) or ("LCHTOM"=1 or 2) GO TO LCHSAND ELSE GO TO LCHMXTRT**

**LCHSAND**

**52. How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- \_\_\_\_\_ enter number
88. None
  - 
  77. Don't know
  99. Refused

**If LCHFD2\_A-LCHFD2\_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO LCHMXFRT ELSE GO TO LCHMXVEG**

**LCHMXFRT**

**53. What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)
- 
77. Don't Know
99. Refused

**If LCHFD2\_A-LCHFD2\_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO LCHMXVEG ELSE GO TO LCHSLDTP**

LCHMXVEG

54. **What was the main vegetable in your "INSERT LCHFD2\_A-LCHFD2\_E"?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)

77. Don't Know

99. Refused

**If LCHFD2\_A-LCHFD2\_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (LCHFD2\_A-LCHFD2\_E="LETTUCE" or "LETTUCE AND TOMATO" and LCHLETT=1) GO TO LCHSLDTP ELSE GO TO LCHSVG1**

LCHSLDTP

55. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to LCHSVG1)

77. Don't know/Not sure

(Go to LCHSVG1)

99. Refused

(Go to LCHSVG1)

LCHSLD1-LCHSLD2

56. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)

77. Don't Know

99. Refused

LCHSVG1-LCHSVG5 (repeat for each type of food listed) (PROGRAMMED NAME)

57. (IF LCHFD2\_A-LCHFD2\_E=" fruit" then) **How many servings of (LCHFD2\_A-LCHFD2\_E) did you eat for lunch? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF LCHFD2\_A-LCHFD2\_E=" vegetable" then): **How many servings of (LCHFD2\_A-LCHFD2\_E) did you eat for lunch? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF LCHFD2\_A-LCHFD2\_E=" juice" then): **How many servings of (LCHFD2\_A-LCHFD2\_E) did you drink for lunch? (A serving of juice is 3/4 cup or a small glass.)**

\_\_\_\_\_ enter number  
88. None

77. Don't know

99. Refused

SNKPM

58. **Yesterday, did you eat or drink anything other than water between lunch time and dinner time?**

1. Yes

2. No

(Go to DINNER)

-----

77. Don't know/Not sure

(Go to DINNER)

99. Refused

(Go to DINNER)

SNPFOOD1

59. **Did you eat any fruits or vegetables, or drink any 100% juice for your afternoon snack yesterday? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

- 1. Yes
- 2. No (Go to DINNER)
- 
- 77. Don't know/Not sure (Go to DINNER)
- 99. Refused (Go to DINNER)

**If SNPFOOD1=1 continue, else go to DINNER**

SNPFD2\_A-SNPFD2\_E

60. **Which fruits, vegetables, or 100% juice did you have for an afternoon snack yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include 100% fruit juice bars and fruits and vegetables mixed with other foods, like vegetables on pizza. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

- 96. Other \_\_\_\_\_(specify)
- 
- 77. Don't Know
- 99. Refused

**If SNPFD2\_A-SNPFD2\_E="POTATO" continue, else go to SNPLETT**

SNPPOTA2 (MODIFIED)

61. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

- 1. Baked
- 2. Boiled
- 3. Mashed
- 4. Fried
- 5. Hashbrowns
- 6. Tater tots
- 7. Some other kind
- 
- 77. Don't Know
- 99. Refused

**If SNPFD2\_A-SNPFD2\_E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNPLETT ELSE GO TO SNPTOM**

SNPLETT

62. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad

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- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce

- 
- 77. Don't Know
  - 99. Refused

**If SNPFD2\_A-SNPFD2\_E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNPTOM ELSE GO TO SNPMXFRT**

SNPTOM

63. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes

- 
- 77. Don't Know
  - 99. Refused

**If ("SNPLETT"=2 or 3) or ("SNPTOM"=1 or 2) GO TO SNPSAND ELSE GO TO SNPMXTRT**

SNPSAND

64. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- \_\_\_\_\_ enter number
- 88. None

- 
- 77. Don't know
  - 99. Refused

**If SNPFD2\_A-SNPFD2\_E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNPMXFRT ELSE GO TO SNPMXVEG**

SNPMXFRT

65. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

- 96. Other \_\_\_\_\_(specify)

- 
- 77. Don't Know
  - 99. Refused

**If SNPFD2\_A-SNPFD2\_E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNPMXVEG ELSE GO TO SNPSLDTP**

SNPMXVEG

66. **What was the main vegetable in your "*INSERT SNPFD2\_A-SNPFD2\_E*"?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)

-----

77. Don't Know

99. Refused



**If SNPFD2\_A-SNPFD2\_E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNPFD2\_A-SNPFD2\_E="LETTUCE" or "LETTUCE AND TOMATO" and SNPLETT=1) GO TO SNPSLDTP ELSE GO TO SNPSVG1**

SNPSLDTP

67. **In the green salad you ate, were there any ingredients other than lettuce?**

- |       |                     |                         |
|-------|---------------------|-------------------------|
| 1.    | Yes                 |                         |
| 2.    | No                  | (Go to SNPSVG1-SNPSVG5) |
| ----- |                     |                         |
| 77.   | Don't know/Not sure | (Go to SNPSVG1-SNPSVG5) |
| 99.   | Refused             | (Go to SNPSVG1-SNPSVG5) |

SNPSLD1-SNPSLD2

68. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

- |       |                      |
|-------|----------------------|
| 96.   | Other _____(specify) |
| ----- |                      |
| 77.   | Don't Know           |
| 99.   | Refused              |

SNPSVG1-SNPSVG5 (repeat for each type of food listed) (VARIABLE NAME CHANGED TO REFLECT PROGRAMMED NAME)

69. (IF SNPFD2\_A-SNPFD2\_E=" fruit" then): **How many servings of (SNPFD2\_A-SNPFD2\_E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNPFD2\_A-SNPFD2\_E=" vegetable" then): **How many servings of (SNPFD2\_A-SNPFD2\_E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNPFD2\_A-SNPFD2\_E=" juice" then): **How many servings of (SNPFD2\_A-SNPFD2\_E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

- |       |              |
|-------|--------------|
| _____ | enter number |
| 88.   | None         |
| ----- |              |
| 77.   | Don't know   |
| 99.   | Refused      |

DINNER

70. **Did you eat or drink anything for dinner yesterday?**

- |       |                     |               |
|-------|---------------------|---------------|
| 1.    | Yes                 |               |
| 2.    | No                  | (Go to SNKNT) |
| ----- |                     |               |
| 77.   | Don't know/Not sure | (Go to SNKNT) |
| 99.   | Refused             | (Go to SNKNT) |

DNRFROM (NEW)

71. **Where did you get your dinner from?**

1. Home
2. A friend's house
3. A relative's house
4. Fast food place
5. Other restaurant
6. Vending machine
7. Convenience store

- 
77. Don't know/Not sure
  99. Refused

DNRFOOD1

72. **Did you eat any fruits or vegetables, or drink any 100% juice for dinner yesterday? DO NOT include potato chips or french fries.**

1. Yes
  2. No (Go to SNKNT)
- 
77. Don't know/Not sure (Go to SNKNT)
  99. Refused (Go to SNKNT)

DNRFD2\_A-DNRFD2-E

73. **Which fruits, vegetables, or 100% juice did you have for dinner yesterday? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads, and salsa. Include fruits and vegetables in mixed dishes like stew, chili, pasta, and stir-fried dishes. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----
77. Don't Know (Go to SNKNT)
99. Refused (Go to SNKNT)

<b>If DNRFD2_A-DNRFD2-E="POTATO" continue, else go to DNRLETT</b>
---

DNRPOTA2 (MODIFIED)

74. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked
  2. Boiled
  3. Mashed
  4. Fried
  5. Hashbrowns
  6. Tater tots
  7. Some other kind
- 
77. Don't Know
  99. Refused

**If DNRFD2\_A-DNRFD2-E="LETTUCE" or "LETTUCE AND TOMATO" GO TO DNRLETT ELSE GO TO DNRTOM**

DNRLETT

75. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

- 1. In a salad
- 2. On a sandwich or burger
- 3. In a burrito or taco
- 4. Part of something else
- 5. Just lettuce
- 
- 77. Don't Know
- 99. Refused

**If DNRFD2\_A-DNRFD2-E="TOMATO" or "LETTUCE AND TOMATO" GO TO DNRTOM ELSE GO TO DNRMXFRT**

DNRTOM

76. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

- 1. On a sandwich or burger
- 2. In a burrito or taco
- 3. Part of something else
- 4. Just tomatoes
- 
- 77. Don't Know
- 99. Refused

**If ("DNRLETT"=2 or 3) or ("DNRTOM"=1 or 2) GO TO DNRSAND ELSE GO TO DNRMXTRT**

DNRSAND

77. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

- \_\_\_\_\_ enter number
- 88. None
- 
- 77. Don't know
- 99. Refused

**If DNRFD2\_A-DNRFD2-E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO DNRMXFRT ELSE GO TO DNRMXVEG**

DNRMXFRT

78. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't Know

99. Refused

**If DNRFD2\_A-DNRFD2-E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO DNRMXVEG ELSE GO TO DNRSLDTP**

DNRMXVEG

79. **What was the main vegetable in your "INSERT DNRFD2\_A-DNRFD2-E"?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't Know

99. Refused

**If DNRFD2\_A-DNRFD2-E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (DNRFD2\_A-DNRFD2-E ="LETTUCE" or "LETTUCE AND TOMATO" and DNRLETT=1) GO TO DNRSLDTP ELSE GO TO DNRSVG1**

DNRSLDTP

80. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to DNRSVG1)

77. Don't know/Not sure

(Go to DNRSVG1)

99. Refused

(Go to DNRSVG1)

DNRSLD1-DNRSLD2

81. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't Know

99. Refused

DNRSVG2-DNRSVG5 (repeat for each type of food listed)(PROGRAMMED NAME)

82. (IF DNRFD2\_A-DNRFD2-E=" fruit" then): **How many servings of (DNRFD2\_A-DNRFD2-E) did you eat for dinner? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF DNRFD2\_A-DNRFD2-E=" vegetable" then): **How many servings of (DNRFD2\_A-DNRFD2-E) did you eat for dinner? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

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(IF DNRFD2\_A-DNRFD2-E=" juice" then): **How many servings of (DNRFD2\_A-DNRFD2-E) did you drink for dinner? (A serving of juice is 3/4 cup or a small glass.)**

\_\_\_\_\_ enter number  
88. None

-----  
77. Don't know  
99. Refused

SNKNT

83. **Yesterday, did you eat or drink anything other than water between dinner time and the time you went to bed?**

1. Yes  
2. No (Go to FRUITTOT2)

-----  
77. Don't know/Not sure (Go to FRUITTOT2)  
99. Refused (Go to FRUITTOT2)

SNNFOOD1

84. **Did you eat any fruits or vegetables, or drink any 100% juice for your evening snack? DO NOT INCLUDE POTATO CHIPS OR FRENCH FRIES.**

1. Yes  
2. No (Go to FRUITTOT2)

-----  
77. Don't know/Not sure (Go to FRUITTOT2)  
99. Refused (Go to FRUITTOT2)

SNNFD2\_A-SNNFD2-E

85. **Which fruits, vegetables, or 100% juice did you have? Include all kinds of fresh, frozen, canned, or dried fruits or vegetables, salads and salsa. Include fruits and vegetables mixed with other foods, like fruit in jello or vegetables on sandwiches. DO NOT include potato chips or french fries. (List up to five types.)**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)

-----  
77. Don't Know (Go to FRUITTOT2)  
99. Refused (Go to FRUITTOT2)

<b>If SNNFD2_A-SNNFD2-E="POTATO" continue, else go to SNNLETT</b>
---

SNNPOTA2 (MODIFIED)

86. **Were the potatoes you ate baked, boiled, mashed, fried, hashbrowns, tater tots, or some other kind?**

1. Baked
2. Boiled
3. Mashed
4. Fried
5. Hashbrowns
6. Tater tots
7. Some other kind

- 
77. Don't Know
  99. Refused

**If SNNFD2\_A-SNNFD2-E="LETTUCE" or "LETTUCE AND TOMATO" GO TO SNNLETT ELSE GO TO SNNTOM**

SNNLETT

87. **Was the lettuce you ate in a salad, on a sandwich or burger, in a burrito or taco, part of something else, or just lettuce?**

1. In a salad
2. On a sandwich or burger
3. In a burrito or taco
4. Part of something else
5. Just lettuce

- 
77. Don't Know
  99. Refused

**If SNNFD2\_A-SNNFD2-E="TOMATO" or "LETTUCE AND TOMATO" GO TO SNNTOM ELSE GO TO SNNMXFRT**

SNNTOM

88. **Were the tomatoes you ate on a sandwich or burger, in a burrito or taco, part of something else or just tomatoes?**

1. On a sandwich or burger
2. In a burrito or taco
3. Part of something else
4. Just tomatoes

- 
77. Don't Know
  99. Refused

**If ("SNNLETT"=2 or 3) or ("SNNTOM"=1 or 2) GO TO SNNSAND ELSE GO TO SNNMXTRT**

SNNSAND

89. **How many sandwiches, burgers, burritos or tacos did you eat that included lettuce and/or tomatoes?**

\_\_\_\_\_ enter number

88. None

77. Don't know

99. Refused

**If SNNFD2\_A-SNNFD2-E="MIXED FRUIT or MIXED FRUIT SALAD" GO TO SNNMXFRT ELSE GO TO SNNMXVEG**

SNNMXFRT

90. **What was the main fruit in your mixed fruits or mixed fruit salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)

77. Don't Know

99. Refused

**If SNNFD2\_A-SNNFD2-E="MIXED VEGETABLES" or "STIR FRIED VEGETABLES" or "MIXED VEGETABLE SALAD" GO TO SNNMXVEG ELSE GO TO SNNSLDTP**

SNNMXVEG

91. **What was the main vegetable in your "INSERT SNNFD2\_A-SNNFD2-E"?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)

77. Don't Know

99. Refused

**If SNNFD2\_A-SNNFD2-E="SALAD" or "GREEN SALAD" or "MIXED GREEN SALAD" or (SNNFD2\_A-SNNFD2-E ="LETTUCE" or "LETTUCE AND TOMATO" and SNNLETT=1) GO TO SNNSLDTP ELSE GO TO SNNSVG1**

SNNSLDTP

92. **In the green salad you ate, were there any ingredients other than lettuce?**

1. Yes

2. No

(Go to SNNSVG1-SNNSVG5)

77. Don't know/Not sure

(Go to SNNSVG1-SNNSVG5)

99. Refused

(Go to SNNSVG1-SNNSVG5)

SNNSLD1-SNNSLD2

93. **Other than lettuce, what were the two main ingredients in the salad?**

Insert brand list FOOD

96. Other \_\_\_\_\_(specify)  
-----

77. Don't Know

99. Refused

SNNSVG1-SNNSVG5 (repeat for each type of food listed)(PROGRAMMED NAME)

94. (IF SNNFD2\_A-SNNFD2-E=" fruit" then): **How many servings of (SNNFD2\_A-SNNFD2-E) did you eat? (A serving of fruit is about one medium piece of fruit, 1/2 a cup or a big scoop of cut up fruit, or a handful of dried fruit.)**

(IF SNNFD2\_A-SNNFD2-E=" vegetable" then): **How many servings of (SNNFD2\_A-SNNFD2-E) did you eat? (A serving is 1/2 cup or a big scoop of vegetables or a medium green salad or a small baked potato.)**

(IF SNNFD2\_A-SNNFD2-E=" juice" then): **How many servings of (SNNFD2\_A-SNNFD2-E) did you drink? (A serving of juice is 3/4 cup or a small glass.)**

\_\_\_\_\_ enter number

88. None  
-----

77. Don't know

99. Refused

FRUTTOT2

95. **Now, thinking about *everything* you ate and drank, how many servings of fruits and 100% juices did you have yesterday?**

\_\_\_\_\_ enter number

88. None  
-----

77. Don't know

99. Refused

(verify if greater than 9)  
(go to VEGTOT2)

VEGTOT2

96. **Now, thinking about *everything* you ate and drank, how many servings of vegetables and green salad did you eat yesterday?**

\_\_\_\_\_ enter number

88. None  
-----

77. Don't know

99. Refused

(verify if greater than 9)  
(go to FRTVEG NR)

FRTVEG NR

97. **How many cups of fruits and vegetables, all together, have you learned you should eat every day to be healthy? Round your answer to the nearest HALF cup.**

\_\_\_\_\_ enter number

88. None  
-----

77. Don't know



99. Refused

MYPLATE (NEW)

98. **Based on recommendations you have learned, how much of your plate should be made up of fruits and vegetables at each meal? Do you think it is one-fourth, one-third, one-half, two-thirds, or you don't know?**

- 1. One-fourth
- 2. One-third
- 3. Half
- 4. Two-thirds

-----  
77. Don't know/Not sure  
99. Refused

BARFV3 (MODIFIED)

99. **What is the main reason you don't eat more fruits and vegetables, or drink more 100% juice?** *[Interviewer: Prompt only if they do not answer quickly]*

- 1. Eat enough
- 2. Don't like taste
- 3. Not available (when/where they want to eat/drink it)
- 4. Don't think about it
- 5. Not important
- 6. Poor quality
- 7. Choose other foods
- 8. Allergic
- 9. No time
- 10. Not hungry
- 11. Don't want to gain weight
- 12. Too much sugar
- 13. Too much fiber
- 14. Don't want to get sick from eating too much
  
- 15. Too expensive
- 16. Don't know how to prepare
- 17. Fruits/veggies go bad faster than other foods
- 18. Other \_\_\_\_\_ (specify)

-----  
77. Don't know/not sure  
99. Refused

GRAIN (MODIFIED)

100. **Yesterday how many servings of whole-grain breads did you eat? This would include 100% whole wheat or bran bread and bagels, or whole wheat tortillas,. A serving would be one slice of bread, one tortilla, or 1/2 a bagel.**

\_\_\_\_\_ enter number  
88. None

(verify if greater than 5)

-----  
77. Don't know  
99. Refused

CEREAL2 (MODIFIED)

101. **Yesterday how many bowls of hot or cold cereal did you eat?**

- |       |              |                            |
|-------|--------------|----------------------------|
| _____ | enter number | (verify if greater than 5) |
| 88.   | None         | (Go to MILK)               |
| ----- |              |                            |
| 77.   | Don't know   | (Go to MILK)               |
| 99.   | Refused      | (Go to MILK)               |

CERBRAND (MODIFIED)

102. **What cereal(s) did you eat the most of yesterday? (Interviewer: enter up to two cereals)**

Insert brand list CEREAL

- |       |                       |
|-------|-----------------------|
| 96.   | Other _____ (specify) |
| ----- |                       |
| 77.   | Don't know            |
| 99.   | Refused               |

**Now we are going to ask you a few more questions about what you ate and drank yesterday.**

MILK

103. **Yesterday, how many servings of milk did you drink, including chocolate milk, fast food milkshakes, milk on cereal, or large coffee drinks such as a mocha or latté? (A serving of milk is one individual carton, 1 cup, 1 small glass, or 8 ounces.)**

- |       |              |                            |
|-------|--------------|----------------------------|
| _____ | enter number | (verify if greater than 5) |
| 0.    | None         | (Go to CHEESE)             |
| ----- |              |                            |
| 77.   | Don't know   | (Go to CHEESE)             |
| 99.   | Refused      | (Go to CHEESE)             |

PERFAT

104. **What percent fat was most of the milk you drank yesterday? Would you say...**

[Interviewer: Read response choices]

- |       |                           |
|-------|---------------------------|
| 1.    | Nonfat, skim, or fat-free |
| 2.    | 1% fat                    |
| 3.    | 2% fat                    |
| 4.    | Whole milk (4%)           |
| 5.    | Other _____(specify)      |
| ----- |                           |
| 6.    | Never drink milk          |
| 77.   | Don't know/Not sure       |
| 99.   | Refused                   |

CHEESE

105. **How many times did you have cheese yesterday, including cheese on a cheeseburger, pizza, sandwich, in a main dish, or as a snack?**

- |       |              |                            |
|-------|--------------|----------------------------|
| _____ | enter number | (verify if greater than 5) |
| 88.   | None         |                            |

-----  
77. Don't know  
99. Refused

CALCIUM2 (PROGRAMMED NAME) (MODIFIED)

106. **How many times yesterday did you have yogurt or dairy desserts, such as ice cream, soft serve ice cream, pudding, or frozen yogurt in a smoothie?**

\_\_\_\_\_ enter number (verify if greater than 5)  
88. None

-----  
77. Don't know  
99. Refused

VEGTRN2 (MODIFIED)

107. **Do you ever eat any kind of meat like beef, pork, chicken or fish?**

1. Yes (Go to BEANS2)  
2. No (Go to VEGTRN)

-----  
77. Don't know/Not sure (Go to VEGTRN)  
99. Refused (Go to BEANS2)

VEGTRN

108. **Are you a vegetarian?**

1. Yes  
2. No

-----  
77. Don't know/Not sure  
99. Refused

BEANS2

109. **Yesterday how many servings of beans did you eat? This would include kidney beans, refried beans, chili beans, black beans, bean soup, bean salad, or lentils but does NOT include green beans. A serving would be about ½ cup, 2 serving spoons, or a small bowl.**

\_\_\_\_\_ enter number (verify if greater than 5)  
88. None

-----  
77. Don't know  
99. Refused

PASTRY

110. **Yesterday did you eat any pastries, such as doughnuts, danishes, sweet rolls, muffins, croissants, or pop-tarts?**

1. Yes  
2. No

-----  
77. Don't know/Not sure  
99. Refused

TOTFRIES

111. **How many servings of french fries did you eat yesterday? A serving of french fries equals one small fast food order or 1.5 cups.** [Interviewer: ONE MEDIUM=1.5 SERVINGS; ONE LARGE=2 SERVINGS; ONE SUPER/KING=2.25 SERVINGS]

- \_\_\_\_\_ enter number  
88. None  
-----  
77. Don't know/Not sure  
99. Refused

CHIPS2

112. **Yesterday did you eat any potato chips, tortilla chips, Cheetos, pork rinds, or other fried snacks?** *(Interviewer: do not include baked chips.)*

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

FRIED

113. **Yesterday did you eat any deep-fried foods, such as, fried chicken, chicken nuggets, fried fish, fried shrimp, egg rolls or onion rings? Do not include french fries.**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

DESSERT2 (MODIFIED)

114. **Yesterday did you eat any sweet snacks like cake, pie, cookies, or brownies? Do not include reduced fat or fat-free bakery items or any dairy desserts like ice cream.**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

CANDY2

115. **Yesterday did you eat any candy bars or packages of candy?**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

SODA3

116. **Yesterday how many servings of regular soda (cola, lemon-lime) or sweetened**

**beverage like Snapple, Kool-Aid, Arizona, or Sobe did you drink? [A 12 oz. Soda or small fast food cup is 1 serving. A medium fast food cup or Sobe bottle is 1.5 servings. A large fast food cup is 2 servings. A 7-11's BigGulp or McDonald's Supersize is 2.5 servings. Do not include diet drinks, energy drinks, sports drinks, or carbonated plain water]**

- \_\_\_\_\_ enter number  
88. None  
-----  
77. Don't know  
99. Refused

**We've been talking about what you ate or drank yesterday. Now this next set of questions asks about the last 7 days.**

JUICEWK (NEW)

**117. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)**

1. I did not drink 100% fruit juice during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

- 77. Don't know/Not sure  
99. Refused

SODAWK (NEW)

**118. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)**

1. I did not drink soda or pop during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

- 77. Don't know/Not sure  
99. Refused

DSODAWK (NEW)

**119. During the past 7 days, how many times did you drink a can, bottle, or glass of diet soda or pop, such as Diet Coke, Diet Pepsi, or Sprite Zero?**

1. I did not drink diet soda or pop during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

- 
77. Don't know/Not sure  
99. Refused

SPRTDKWK (NEW)

120. **During the past 7 days, how many times did you drink a can, bottle, or glass of a sports drink such as Gatorade or PowerAde? (Do not count low-calorie sports drinks such as Propel or G2.)**

1. I did not drink sports drinks during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

- 
77. Don't know/Not sure  
99. Refused

ENRGYWK (NEW)

121. **During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet energy drinks or sports drinks such as Gatorade or PowerAde).**

1. I did not drink energy drinks during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

- 
77. Don't know/Not sure  
99. Refused

COFTEAWK (NEW)

122. **During the past 7 days, how many times did you drink a cup, can, or bottle of unsweetened coffee, coffee drinks, or tea?**

1. I did not drink coffee, coffee drinks, or tea during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

- 
77. Don't know/Not sure  
99. Refused

SSBOTHWK (NEW)

123. **During the past 7 days, how many times did you drink a can, bottle, or glass of a sugar-sweetened beverage such as lemonade, sweetened tea or coffee drinks, flavored milk, Snapple, or Sunny Delight? (Do not count soda or pop, sports drinks, energy drinks, or**

**100% fruit juice.)**

1. I did not drink sugar-sweetened beverages during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

- 
77. Don't know/Not sure  
99. Refused

**WATERWK (NEW)**

124. **During the past 7 days, how many times did you drink a bottle or glass of plain water? Count tap, bottled, and unflavored sparkling water.**

1. I did not drink water during the past 7 days
2. 1 to 3 times during the past 7 days
3. 4 to 6 times during the past 7 days
4. 1 time per day
5. 2 times per day
6. 3 times per day
7. 4 or more times per day

- 
77. Don't know/Not sure  
99. Refused

**MILKWK (NEW)**

125. **During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)**

1. I did not drink milk during the past 7 days
2. 1 to 3 glasses during the past 7 days
3. 4 to 6 glasses during the past 7 days
4. 1 glass per day
5. 2 glasses per day
6. 3 glasses per day
7. 4 or more glasses per day

- 
77. Don't know/Not sure  
99. Refused

**FASTFOOD**

126. **Yesterday, how many times did you eat a meal or snack from a fast food restaurant like McDonalds, Taco Bell, Jack-in-the-Box, Pizza Hut, KFC, or Subway?**

- \_\_\_\_\_ enter number of times (verify if >2)
88. None
- 
77. Don't know  
99. Refused

**FFWK**

127. **In a typical week, how many times do you eat a meal or snack from a fast food**

**restaurant?**

- \_\_\_\_\_ enter number  
88. None  
-----  
77. Don't know  
99. Refused

**CALORIE3**

128. **When it is available, how often do you use calorie information available at a restaurant or fast food restaurant to decide what to order? Would you say...**

1. A lot  
2. Some  
3. A Little  
4. Not at All  
-----  
77. Don't know/Not sure  
99. Refused

**We've been talking about the types of food you eat. Now I'm going to ask some questions about things that may affect what you eat, like what types of food are available to you and what you've learned about food at school and at home.**

**HGYSTOR INTRO**

**Besides money, there are reasons why people don't always have the kinds of healthy food they want or need. For each of the following, please tell me if it is a reason why YOU don't always have the kinds of healthy food you want or need.**

**HGYSCHL2**

129. **The kinds of healthy food I want are not available at school (F6 = not attending school )**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

**HGYWORK2**

130. **The kinds of healthy food I want are not available when eating out.**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

**CUTFRT**

131. **At your home, is there usually fresh fruit that is ready to eat, like a fresh fruit bowl on**



**the counter or fruit cut-up in the refrigerator?**

- 1. Yes
- 2. No
- 
- 77. Don't know/Not sure
- 99. Refused

CUTVEG

**132. At your home, are there usually vegetables, like carrot or celery sticks, cut and ready to eat in the refrigerator?**

- 1. Yes
- 2. No
- 
- 77. Don't know/Not sure
- 99. Refused

DISEAT (MODIFIED)

**133. In the last year, have you taken a class at school in which the benefits of good eating habits were discussed?**

- 1. Yes
- 2. No
- 
- 77. Don't know/Not sure
- 99. Refused

GARDEN

**134. Have you ever worked in a garden to grow fruits and vegetables?**

- 1. Yes
- 2. No (go to MENU)
- 
- 77. Don't know/Not sure (go to MENU)
- 99. Refused (go to MENU)

GARDSCHL

**135. During the last year, did you work in a school or community garden?**

- 1. Yes
- 2. No
- 
- 77. Don't know/Not sure
- 99. Refused

MENU

**136. Do you know how to pick out healthy foods from menus?**

- 1. Yes
- 2. No
- 
- 77. Don't know/Not sure

99. Refused

TCHCOOK

137. **Did anyone ever teach you how to cook foods in a healthy way?**

1. Yes

2. No

-----  
77. Don't know/Not sure

99. Refused

PRNTNOTE

138. **Do your parents or the adults you live with notice when you haven't eaten healthy foods?**

1. Yes

2. No

3. Don't live with adults

(Go to TVDINNER)

-----  
77. Don't know/Not sure

99. Refused

SODALMT

139. **Do your parents or adults you live with try to limit how much sugary drinks, like soda, sports drinks, or sweetened teas and coffees that you drink at home?**

1. Yes

2. No

3. Don't live with adults

(Go to TVDINNER)

-----  
77. Don't know/Not sure

99. Refused

SNKLMT

140. **Do your parents or adults you live with try to limit how much snack food, like chips and cookies, you eat at home?**

1. Yes

2. No

3. Don't live with adults

(Go to TVDINNER)

-----  
77. Don't know/Not sure

99. Refused

EATFAM2 (MODIFIED)

141. **During the past 7 days, on how many days did you eat dinner at home with at least one of your parents or guardians?**

\_\_\_\_\_ enter number of days

88. None

-----  
77. Don't know/Not sure

99. Refused

TVDINNER (NEW)

142. **When you eat dinner at home, how often is a television on while you are eating?**

1. I do not eat dinner at home
2. Never
3. Rarely
4. Sometimes
5. Most of the time
6. Always

-----

77. Don't know/Not sure  
99. Refused

**When I ask the next few questions, think about how often you've done these activities in the last 12 months.**

BGHTVEG (NEW)

143. **How often in the past 12 months have you bought fresh vegetables?**

1. Never
2. One to two times
3. Three to five times
4. Monthly
5. Weekly

-----

77. Don't know/Not sure  
99. Refused

GROCLIST (NEW)

144. **How often in the past 12 months have you written a grocery list?**

1. Never
2. One to two times
3. Three to five times
4. Monthly
5. Weekly

-----

77. Don't know/Not sure  
99. Refused

PREPSLD (NEW)

145. **How often in the past 12 months have you prepared a green salad?**

1. Never
2. One to two times
3. Three to five times
4. Monthly
5. Weekly

-----

77. Don't know/Not sure  
99. Refused

PREPDINE (NEW)

146. **How often in the past 12 months have you prepared a dinner with chicken, fish, or vegetables?**

1. Never
2. One to two times
3. Three to five times
4. Monthly
5. Weekly

-----  
77. Don't know/Not sure  
99. Refused

PREPDINP (NEW)

147. **How often in the past 12 months have you prepared an entire dinner for two or more people?**

1. Never
2. One to two times
3. Three to five times
4. Monthly
5. Weekly

-----  
77. Don't know/Not sure  
99. Refused

FFHOME (MODIFIED)

148. **How far is the nearest fast food restaurant from your home? Answer in blocks or miles, whichever is easiest. IF NEEDED, SAY: A mile is approximately 8 blocks.**

1. Within 1/8 mile/1 block
2. 1/8 to 1/2 mile/4 blocks
3. 1/2 mile to 1 mile/8 blocks
4. 1 mile to 2 miles/16 blocks
5. More than 2 miles

-----  
77. Don't know/Not sure  
99. Refused

**If GOSCHL eq 1,2,3 continue, else go to X60YRBS**

**Now I'm going to ask you some questions about the types of foods available when you go to school.**

**If GOSCHL3 eq 3, say: When you answer these questions, think about the school you were at before your school vacation.**

FFSCHL (MODIFIED)

149. **How far is the nearest fast food restaurant from your school? Answer in blocks or miles, whichever is easiest. IF NEEDED, SAY: A mile is approximately 8 blocks.**

1. Within 1/8 mile/1 block
2. 1/8 to 1/2 mile/4 blocks
3. 1/2 mile to 1 mile/8 blocks

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- 4. 1 mile to 2 miles/16 blocks
- 5. More than 2 miles

- 
- 77. Don't know/Not sure
  - 99. Refused

CSTRSCHL (NEW)

150. **How far is the nearest convenience store or corner store from your school? This does NOT include a supermarket or grocery store. Answer in blocks or miles, whichever is easiest. IF NEEDED, SAY: A mile is approximately 8 blocks.**

- 1. Within 1/8 mile/1 block
- 2. 1/8 to 1/2 mile/4 blocks
- 3. 1/2 mile to 1 mile/8 blocks
- 4. 1 mile to 2 miles/16 blocks
- 5. More than 2 miles

- 
- 77. Don't know/Not sure
  - 99. Refused

SCHLFAS2 (MODIFIED)

151. **How many days per week does your school offer food from fast food restaurants like Burger King, McDonald's, Taco Bell, or Pizza Hut?**

- \_\_\_\_\_ enter number, less than 1, or none
- 55. Less than 1
  - 88. None

- 
- 77. Don't know/Not sure
  - 99. Refused

VENDDAY (NEW)

152. **What foods and drinks can students at your school buy during school hours from a school vending machine or student store?**

*[Interviewer: Prompt only if they do not answer quickly]*

- 1. School has no vending or student store available during school hours (Go to OPNCAMP2)
- 2. 100% fruit juice
- 3. Water
- 4. Milk
- 5. Crackers, pretzels, popcorn, or *baked* chips
- 6. Cereal, cereal bar, or energy bar
- 7. Trail mix, nuts, or seeds
- 8. Fresh fruit, fruit cup, or dried fruits
- 9. Vegetables
- 10. Yogurt or cheese
- 11. Jerky
- 12. Other (specify \_\_\_\_\_)

- 
- 77. Don't know/Not sure

99. Refused

VENDAFTTR (NEW)

153. **Can you also buy the foods and drinks you just named from a school vending machine or student store after school hours?**

1. Yes

2. No

-----  
77. Don't know/Not sure

99. Refused

VENDBYD (NEW)

154. **Yesterday [LAST DAY OF SCHOOL], what foods and drinks did you buy during school hours from a school vending machine or student store?**

*[Interviewer: Prompt only if they do not answer quickly]*

1. I did not buy any of foods or drinks from a school vending machine or student store yesterday.

2. 100% fruit juice

3. Water

4. Milk

5. Crackers, pretzels, popcorn, or *baked* chips

6. Cereal, cereal bar, or energy bar

7. Trail mix, nuts, or seeds

8. Fresh fruit, fruit cup, or dried fruits

9. Vegetables

10. Yogurt or cheese

11. Jerky

12. Other (specify \_\_\_\_\_)

-----  
77. Don't know/Not sure

99. Refused

OPNCAMP2

155. *[If GOSCHL3 eq 1,2 ask:]* **Does the school have an open campus for lunch?**

*[If GOSCHL3 eq 3:]* **Did the school have an open campus for lunch?**

*[If HIGRADE eq 12:]* **Did the high school have an open campus for lunch?**

**[Interviewer: Define 'open campus' if needed]**

1. Yes

2. No

-----  
77. Don't know/Not sure

99. Refused

FREEH2O (NEW)

156. **Is there a free source of drinking water in your school cafeteria at meal times?**

1. Yes

2. No

-----  
77. Don't know/Not sure

99. Refused

H2OBOTLE (NEW)

157. **Are you and your classmates allowed to have a water bottle with you during the school day?**

1. Yes, in all locations at school
2. Yes, but only in some locations at school
3. No

-----  
77. Don't know/Not sure  
99. Refused

SCHSIGNS

158. **Are there ads or logos on school property for name brand foods or beverages, like Coca-Cola vending machines, Pepsi scoreboards, or other signs or posters on school walls, school buildings, school buses, or other school property?**

1. Yes
2. No

-----  
77. Don't know/Not sure  
99. Refused

SCHSMPLS

159. **Are free samples of name brand food or beverage distributed during school hours or during a school-sponsored activity?**

1. Yes
2. No

-----  
77. Don't know/Not sure  
99. Refused

**Now I am going to ask you some questions about physical activity, exercise, and sports. This would include anything you do at school, at home, or anywhere else.**

<b>If GOSCHL2=1 continue, else go to PESCHL</b>
---

SCHLTRA2 (MODIFIED)

160. **How many days in a usual week do you walk, ride a bike, or skateboard on the way TO school?**

\_\_\_\_\_ enter number  
88. None

(Go to SCHLTRN4)

-----  
77. Don't know  
99. Refused

(Go to SCHLTRN4)

(Go to SCHLTRN4)

SCHLTRTO (MODIFIED)

161. **What is the main reason you do not walk, ride a bike, or skateboard, TO school?**

1. Distance is too far
2. My parents/guardian don't allow it
3. Takes too long; time constraints

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4. I have a disability
5. Backpack too heavy; need to carry too many school/sport supplies
6. Weather constraints
7. No safe sidewalk or bike path
8. Other (specify\_\_\_\_)

- 
77. Don't know/not sure
  99. Refused

SCHLTRN4 (MODIFIED)

162. **How many days in a usual week do you walk, ride a bike, or skateboard on the way FROM school?**

- \_\_\_\_\_ enter number
88. None

- 
77. Don't know
  99. Refused

SCHLDIST

163. **How far is school from your house? Answer in blocks or miles, whichever is easiest. IF NEEDED, SAY: A mile is approximately 8 blocks.** (Read responses if necessary)

1. Less than half a mile/4 blocks
2. ½ mile to 1 mile/8 blocks
3. 1 mile to 2 miles/16 blocks
4. More than 2 miles

- 
77. Don't know/Not sure
  99. Refused

PESCHL

164. [If GOSCHL3 eq 1 ask :] **Do you currently take physical education class in school?**  
[If GOSCHL3 eq 2,3 or HIGRADE ge 12 :] **Were you taking physical education class when you were last in school?**

1. Yes
2. No (Go to X60YRBS)

- 
77. Don't know/Not sure (Go to X60YRBS)
  99. Refused (Go to X60YRBS)

PESCHLX1

165. **In an average week when you are in school, on how many days do you go to physical education (PE) classes?**

- \_\_\_\_\_ enter number of times
88. None

- 
77. Don't know
  99. Refused



PEPAMIN

166. **In a typical PE class, how many minutes do you usually spend exercising or actually moving?**

- \_\_\_\_\_ enter number  
88. None  
-----  
77. Don't know  
99. Refused

DISEXER

167. **In the last year, have you taken a class at school in which the benefits of physical activity and exercise were discussed?**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

168. X60YRBS (NEW)**During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)**

- \_\_\_\_\_ enter number of days  
88. None  
-----  
77. Don't know  
99. Refused

XWLYRBS

169. **On how many of the past 7 days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?**

- \_\_\_\_\_ enter number  
88. None  
-----  
77. Don't know  
99. Refused

MINWKPA

170. **Yesterday, about how many minutes were you physically active doing moderate or vigorous activities such as basketball, dancing, soccer, or brisk walking? Include ALL activities, such as PE class or classes outside of school.**

- \_\_\_\_\_ enter number of minutes  
88. None  
-----  
77. Don't know  
99. Refused

EXEACTY1

171. **What type of physical activity, exercise or sport did you spend the most time doing**

**yesterday?**

- |   |                                      |
|---|--------------------------------------|
| 01. Aerobics class  | 36. Raking lawn                      |
| 02. Backpacking   | 37. Running/running on a treadmill   |
| 03. Badminton   | 38. Rope skipping                    |
| 04. Basketball  | 39. Rowing machine exercise          |
| 05. Baseball  | 40. Scuba diving                     |
| 06. Bicycling for pleasure                                      | 41. Skateboarding                    |
| 07. Bicycling machine exercise                                  | 42. Skating – ice, roller or in-line |
| 08. Boating (canoeing, rowing, sailing for pleasure or camping) | 43. Sledding, tobogganing            |
| 09. Bowling   | 44. Snorkeling                       |
| 10. Boxing  | 45. Snowboarding                     |
| 11. Calisthenics  | 46. Snowshoeing                      |
| 12. Canoeing/rowing – in competition                            | 47. Snow shoveling by hand           |
| 13. Carpentry   | 48. Snow blowing                     |
| 14. Dancing-aerobics/ballet                                     | 49. Snow skiing                      |
| 15. Fishing from river bank or boat                             | 50. Soccer                           |
| 16. Football  | 51. Softball                         |
| 17. Gardening (spading, weeding, digging, filling)              | 52. Squash                           |
| 18. Golf  | 53. Stair climbing                   |
| 19. Handball  | 54. Stream fishing in waders         |
| 20. Health club exercise  | 55. Surfing                          |
| 21. Hiking – cross-country                                      | 56. Swimming laps                    |
| 22. Hockey (field)  | 57. Table tennis                     |
| 23. Hockey (ice)  | 58. Tennis                           |
| 24. Home exercise   | 59. Touch football                   |
| 25. Horseback riding  | 60. Volleyball                       |
| 26. Hunting large game – deer, elk                              | 61. Walking/walking on a treadmill   |
| 27. Jogging   | 62. Water-skiing                     |
| 28. Judo/karate   | 63. Weight lifting                   |
| 29. Kickboxing  | 64. Wrestling                        |
| 30. Mountain climbing   | 65. Yoga                             |
| 31. Mowing lawn   | 66. Other (specify)_____             |
| 32. Paddleball  | -----                                |
| 33. Painting/papering house                                     | 77. Don't know/not sure              |
| 34. Pilates   | 99. Refused                          |
| 35. Racquetball   |                                      |

**If GOSCHL eq 1,2,3 continue, else go to SPRTTM2**

**If GOSCHL3 eq 3, say: When you answer these questions, think about the school you were at before your school vacation.**

FEELBAD5

**172. Would you say that you have more energy, less energy or the same amount of energy when you are physically active on a regular basis?**

1. More energy
  2. Less energy
  3. The same amount of energy
-

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77. Don't know/Not sure  
99. Refused

AFTSCHP2

173. **Next I would like to ask you about the kinds of places you might be physically active. In the past 7 days, how many days did you participate in physical activity or sports on school grounds during after school programs?**

- \_\_\_\_\_ enter number of days  
88. None  
-----  
77. Don't know  
99. Refused

SCHGDPA2

174. **In the past 7 days, how many days did you participate in physical activity or sports on school grounds after school not as part of a program?**

- \_\_\_\_\_ enter number of days  
88. None  
-----  
77. Don't know  
99. Refused

USEGYM

175. **How many days each week do you usually use the school gym or other sports facilities at school for physical activity after school and on weekends?**

- \_\_\_\_\_ enter number  
55. Less than 1  
88. None  
-----  
77. Don't know/Not sure  
99. Refused

SCHOLPA2

176. **Does your school offer physical activities after school, other than sports, such as dance, yoga, gymnastics, weight training, or martial arts?**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

PAPLACE

177. **There are playgrounds, parks, or gyms close to my home that are easy for me to get to. Would you say you...**

1. Strongly Agree  
2. Agree  
3. Neither agree nor disagree  
4. Disagree

5. Strongly Disagree

-----  
77. Don't know/Not sure

99. Refused

SAFEPA

178. **It is safe to be physically active by myself in my neighborhood. Would you say you...**

1. Strongly Agree

2. Agree

3. Neither agree nor disagree

4. Disagree

5. Strongly Disagree

-----  
77. Don't know/Not sure

99. Refused

SPRTTM2

179. **Did you play on any sports teams in the last 12 months? (Include any teams run by your school or community groups.)**

1. Yes

2. No

(Go to PACCLASS)

-----  
77. Don't know/Not sure

(Go to PACCLASS)

99. Refused

(Go to PACCLASS)

SPRTTEAM

180. **During the past 12 months, on how many sports teams did you play? (Include any teams run by your school or community groups.)**

1. 0 teams

2. 1 team

3. 2 teams

4. 3 or more teams

-----  
77. Don't know/Not sure

99. Refused

PACCLASS (MODIFIED from previous variable INDSPORT)

181. **Are you currently involved in any physical activity classes such as dance, martial arts, or yoga?**

1. Yes

2. No

-----  
77. Don't know/Not sure

99. Refused

EXERFAM (MODIFIED)

182. **How many days in a typical week do you exercise or play sports with your family or the people you live with?**

\_\_\_\_\_ enter number of days

88. None

-----  
77. Don't know/Not sure

99. Refused

PLAYFRND (MODIFIED)

183. **How many days in a typical week do you exercise or play sports with your friends?**

\_\_\_\_\_ enter number of days

88. None

-----  
77. Don't know/Not sure

99. Refused

EXERMIN (MODIFIED)

184. **About how many *minutes* do health experts say you should exercise or be physically active *each day* for good health – this includes all activities like bicycling, dancing, and playing basketball that you do at school, at home, and anywhere else you get exercise?**

\_\_\_\_\_ enter number

88. None

-----  
77. Don't know/Not sure

99. Refused

**if X60YRBS < 7 ask BAREXER2;  
Else go to SMK30DY2**

BAREXER2

185. **What is the main reason you don't get more exercise or physical activity?**

*[Prompt only if they do not answer quickly]*

1. Don't like it
2. No time
3. Don't look good while doing it
4. Don't have a safe place to do it
5. Don't have the right equipment
6. Too tired
7. Not important
8. Physically unable
9. I get enough
10. Lazy
11. Too busy
12. Rather do something else
13. Afraid of getting hurt
14. Weather too hot
15. Not current organized sports teams

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16. Homework  
17. Other \_\_\_\_\_ (specify)  
-----  
77. Don't know/not sure  
99. Refused

**The next question I will be asking you is about cigarette smoking. Please remember your answers are confidential.**

SMK30DY2

186. **Think about the last 30 days. On how many of these days did you smoke?**

\_\_\_\_ Response (Max is 30)

88. None  
-----

77. Don't know/Not sure  
99. Refused

**The next few questions are about the amount of time you watch TV, play video games and use computers. DO NOT include activities done at school.**

TVISION3(MODIFIED)

187. **On an average school day, how many hours do you watch TV, videos, or DVDs?**

\_\_\_\_ enter hours

88. None  
-----

77. Don't know

99. Refused

INTERNET1 (MODIFIED)

188. **On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, Nintendo DS, iPod touch, Facebook, and the Internet.)**

\_\_\_\_ enter hours

88. None  
-----

77. Don't know

99. Refused

COMPTR (MODIFIED)

189. **On an average school day, how many minutes or hours do you use a computer for homework or for learning? Do not include time spent on the computer at school.**

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

\_\_\_\_ enter hours and minutes or minutes only

(VERIFY IF GREATER THAN **400**)

88. None  
-----

77. Don't know

99. Refused

LMTTVCP

190. **On school days, do your parents or adults you live with limit how much time you spend watching television or videos, playing video or computer games, or being on the computer that is not for school work?**

1. Yes

2. No

(Go to SLEEP)

-----  
77. Don't know/Not sure

99. Refused

TVLMTTM

191. **How many minutes or hours is that time limit?**

EXAMPLE; for 30 minutes enter 30, for one hour and 30 minutes enter 130

\_\_\_\_\_ enter hours and minutes or minutes only

(VERIFY IF GREATER THAN **400**)

88. None

-----  
77. Don't know

99. Refused

SLEEP

192. **On a typical school night, how many hours of sleep do you get?**

EXAMPLE; for six hours and 30 minutes enter 630

\_\_\_\_\_ enter hours and minutes

88. None

-----  
77. Don't know

99. Refused

TVROOM1

193. **Is there a television in the room where you sleep?**

1. Yes

2. No

-----  
77. Don't know/Not sure

99. Refused

HEIGHT

194. **About how tall are you without shoes?**

(Round fractions down)

\_\_ \_ Response (in feet and inches) (Ex. 5 feet 11 inches = 511)

-----  
777. Don't know/Not sure

999. Refused

WEIGHT

195. **About how much do you weigh without shoes?**

(Round fractions up)

\_\_\_ Response (in whole pounds)

- 777. Don't know/Not sure  
999. Refused

HISPANI2

196. **Are you of Hispanic origin, such as Mexican-American, Central or South American, Puerto Rican, or Cuban?**

1. Yes  
2. No [Go to ORACE3]  
-----  
77. Don't know/Not sure [Go to REF\_DEMO]  
99. Refused [Go to REF\_DEMO]

REF\_DEMO

*If Don't know or refused:* **Our data analysis is based on several factors -- and SEX/AGE/RACE/ETHNICITY is one of the most important. You have already invested several minutes providing extremely important and useful data for this study. Also, please remember that your answers are confidential and will not be revealed to anyone. Would you be willing to tell me your SEX/AGE/RACE/ETHNICITY?**

ORACE3X

197. **Which one or more of the following would you say is your race...? [Interviewer: Read and mark all that apply.]**

1. White (Go to BIRTHPLC)  
2. Black or African-American (Go to BIRTHPLC)  
3. Asian (Go to BIRTHPLC)  
4. Native Hawaiian or Other Pacific Islander (Go to BIRTHPLC)  
5. American Indian or Alaska Native (Go to BIRTHPLC)  
6. \_\_\_\_\_ Other (specify)  
-----  
77. Don't know/Not sure [Go to REF\_DEMO]  
99. Refused [Go to REF\_DEMO]

ORACE4

198. **Which one of these groups would you say best represents your race?**

1. White  
2. Black or African-American  
3. Asian  
4. Native Hawaiian or Other Pacific Islander  
5. American Indian or Alaska Native  
6. \_\_\_\_\_ Other (specify)  
-----  
77. Don't know/Not sure  
99. Refused

BIRTHPLCX

199. **In what country were you born?**



1. United States
2. Mexico
3. Japan
4. China
5. Taiwan
6. Philippines
7. Korea
8. Vietnam
9. OTHER: (specify) ----->BRTHTXT (Text)  
-----
77. Don't know/Not sure
99. Refused

BIRTHMOM

200. **In what country was your mother born?**

1. United States
2. Mexico
3. Japan
4. China
5. Taiwan
6. Philippines
7. Korea
8. Vietnam
9. OTHER: (specify) --->BRTH2TXT (Text)  
-----
77. Don't know/Not sure
99. Refused

LIVEMOM (NEW)

201. **Do you live with your mother, stepmother, foster mother, or adoptive mother?**

1. Yes
2. No  
-----
77. Don't know/Not sure
99. Refused

EDUCMOM (NEW)

202. **How far in school did she go?**

1. 8<sup>th</sup> grade or less
2. More than 8<sup>th</sup> grade, but did not graduate from high school
3. High school graduate
4. Completed a GED
5. Went to business trade or vocational school after high school
6. Went to college but did not graduate
7. Graduated from a college or university
8. Professional training beyond a four-year college
9. She went to school, but I don't know what level
10. She never went to school  
-----
77. Don't know/Not sure

99. Refused

LIVEDAD (NEW)

203. **Do you live with your father, stepfather, foster father, or adoptive father?**

1. Yes

2. No

-----  
77. Don't know/Not sure

99. Refused

EDUCDAD (NEW)

204. **How far in school did he go?**

1. 8<sup>th</sup> grade or less

2. More than 8<sup>th</sup> grade, but did not graduate from high school

3. High school graduate

4. Completed a GED

5. Went to business trade or vocational school after high school

6. Went to college but did not graduate

7. Graduated from a college or university

8. Professional training beyond a four-year college

9. He went to school, but I don't know what level

10. He never went to school

-----  
77. Don't know/Not sure

99. Refused

GRADES

205. **During the past 12 months, how would you describe your grades in school?**

1. Mostly A's

2. Mostly B's

3. Mostly C's

4. Mostly D's

5. Mostly F's

6. None of these grades

-----  
77. Don't know/Not sure

99. Refused

**The next few questions I will ask are about your weight and ways some teens try to lose or maintain their weight.**

WTYRBS

206. **How do you describe your weight?**

1. Very underweight

2. Slightly underweight

3. About the right weight

4. Slightly overweight

5. Very overweight

77. Don't know/Not sure  
99. Refused

LOSEEXER

207. **During the past 30 days, did you exercise to lose weight or keep from gaining weight?**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

LOSECUT

208. **During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

LOSECAL (NEW)

209. **During the past 30 days, did you eat foods or drink drinks low in sugar to lose weight or to keep from gaining weight?**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

LOSEFAST

210. **During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?**

1. Yes  
2. No  
-----  
77. Don't know/Not sure  
99. Refused

<b>Finally, we have a few more general questions to finish up the survey.</b>
---

MONEY

211. **About how much money do you have each week to spend on yourself any way you want to?**

- \_\_\_\_ Amount in dollars (*round up to nearest dollar*) [verify if greater than \$25]  
0. None  
-----  
77. Don't know/Not sure

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99. Refused

PAIDJOB

212. **Do you have a paid part-time or full-time job?**

1. Yes

2. No

-----  
77. Don't know/Not sure

99. Refused

NUMHOLD2

213. **Do you have more than one telephone number in your household? Do not include cell phone numbers or numbers that are only used by a computer or fax machine.**

1. Yes

2. No

[Go to COUNTY1]

-----  
77. Don't know/Not sure

[Go to COUNTY1]

99. Refused

[Go to COUNTY1]

NUMPHON2

214. **How many residential telephone numbers do you have?**

\_\_\_\_ Response

1. 8 or more numbers

77. Don't know/Not sure

99. Refused

COUNTY1

215. **What county do you live in?**

001. ALAMEDA

003. ALPINE

005. AMADOR

007. BUTTE

009. CALAVERAS

011. COLUSA

013. CONTRA COSTA

015. DEL NORTE

017. EL DORADO

019. FRESNO

021. GLENN

023. HUMBOLDT

025. IMPERIAL

027. INYO

029. KERN

031. KINGS

033. LAKE

035. LASSEN

037. LOS ANGELES

039. MADERA

041. MARIN

043. MARIPOSA

045. MENDOCINO

047. MERCED

049. MODOC

051. MONO

053. MONTEREY

055. NAPA

057. NEVADA

059. ORANGE

061. PLACER

063. PLUMAS

065. RIVERSIDE

067. SACRAMENTO

069. SAN BENITO

071. SAN BERNARDINO

073. SAN DIEGO

075. SAN FRANCISCO

077. SAN JOAQUIN

079. SAN L OBISPO

081. SAN MATEO

083. SANTA BARBARA

085. SANTA CLARA

087. SANTA CRUZ

089. SHASTA

091. SIERRA

093. SISKIYOU

095. SOLANO

097. SONOMA

099. STANISLAUS

101. SUTTER

103. TEHAMA

105. TRINITY

107. TULARE

109. TUOLUMNE

111. VENTURA

113. YOLO

115. YUBA

777. Don't Know/Not Sure

999. Refused

ZIPCODE

216. **What is your zip code?**

\_\_\_\_ Response

77. Don't know/Not sure

99. Refused

**Finally we have a few more questions about eating and exercise.**

**For the following few questions, I will read you a statement and then please tell me if you agree or disagree with the statement. First....**

YEMPOW1 (NEW)

217. **I can start discussions with others about healthy eating and physical activity. Would you say you...**

1. Strongly Agree
2. Agree
3. Neither agree nor disagree
4. Disagree
5. Strongly Disagree

-----

77. Don't know/Not sure

99. Refused

ADVOCIN2

218. **How interested are you in taking action to make changes to improve nutrition or physical activity in your school or community?**

1. Very Interested
2. Somewhat Interested
3. Not Interested
4. No Opinion

-----

77. Don't know/Not sure

99. Refused

ADVOCCH2 (MODIFIED)

219. **Have you PERSONALLY taken action to make changes that would improve nutrition or physical activity in your school or community?**

1. Yes
2. No

-----

77. Don't know/Not sure

99. Refused

YEMPOW2

220. **In the past year, how many times have you tried to convince other teens, your family or friends to be more concerned about healthy eating or physical activity?**

1. Never
2. Once
3. 2-3 times
4. 4-5 times
5. 6 or more times

-----  
77. Don't know/Not sure  
99. Refused

YEMPOW3

221. **In the past year, how many times have you tried to convince school officials, local businesses, community agencies, or government officials to be more concerned about healthy eating or physical activity?**

1. Never
2. Once
3. 2-3 times
4. 4-5 times
5. 6 or more times

-----  
77. Don't know/Not sure  
99. Refused

HUNGRY12

222. **During the last 12 months, were you ever hungry but didn't eat because there wasn't enough money to buy food for your house or home?**

1. Yes
2. No

-----  
77. Don't know/Not sure  
99. Refused

FODASST2

223. **In the last 12 months, have you or anyone in your household received food assistance from any of the following sources?**

- |   |          |
|---|----------|
| 1. Free or reduced price school breakfast | FREEBRK2 |
| 2. Free or reduced price school lunch     | FREELUN3 |
| 3. Food stamps                            | FASSTMP2 |
| 4. WIC                                    | FASWIC2  |

CLOSING

**That is my last question. Let me emphasize that your answers cannot be identified with your name. Everyone's answers will be combined to give us information about eating and exercise among kids your age.**

**THANK YOU very much for your time and cooperation.**

SAY GOODBYE... (PRESS RETURN TO CONTINUE)

SUSPECT

224. (TO INTERVIEWER - DO NOT READ ALOUD) Do you suspect that someone may have been

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listening in at the respondent's household during the interview?

1. Yes
2. No [End questionnaire]

SURE

225. (*TO INTERVIEWER - DO NOT READ ALOUD*) How sure are you that someone may have been listening in?

1. Absolutely Sure
2. Quite Sure
3. Somewhat Sure
4. Not Real Sure
5. Very Sure that No One was listening in

BIASED

226. (*TO INTERVIEWER - DO NOT READ ALOUD*) Do you think the respondent's answers were biased because someone was listening in?

1. Yes
  2. No  
-----
77. Don't know/Not sure

SPANENG

227. (*TO INTERVIEWER - DO NOT READ ALOUD*) Was the interview conducted in English or Spanish?

1. English
2. Spanish